

## ROOM 1 DAY CAMP - LIVING SPRINGS - 2018

### WHAT TO BRING TO CAMP:

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**IF YOUR CHILD HAS BEEN SICK RECENTLY PLEASE DO NOT SEND THEM TO CAMP**

Please wear suitable clothes and sturdy shoes. Bring a change of clothes and your togs. Remember that weather can vary between here and the peninsula and can change without warning, so it is better to bring more than you will need.

- A good, sturdy backpack (not carrier bags)
- Car seat for 7 years and under (your child will not be allowed to travel without one)
- Warm stuff: (Wear this if the weather is cold - Remember to bring a change of clothes too)
  - Warm hat
  - Thick socks
  - Fleece
  - Long trousers
- Cool stuff: (Wear this if the weather is hot - Remember to bring a change of clothes too)
  - Sun hat
  - T-shirt
  - Short
  - Ordinary socks
- Wet stuff
  - Waterproof jacket
  - Waterproof trousers (optional)
- Shoes
  - A good pair of sturdy shoes
- Swimming togs
- Towel
- Sunscreen
- Any medication you use regularly (i.e. inhaler, hayfever meds etc)

### WHAT NOT TO BRING TO CAMP

Chewing gum, lollies, MP3 players / ipods, radios ,phones, pocket knives, valuables

**PLEASE REMEMBER TO NAME EVERYTHING!**